



# **Potential of Quercetin to Reduce Herbivory without Disrupting Natural Enemies and Pollinators**

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*Review*



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**Abstract:** Quercetin is one of the most abundant flavonoids in terrestrial plants and pollen. In living plants, quercetin can function as a secondary metabolite to discourage insect herbivory. Literature on insect-quercetin interactions was searched and data synthesized to test the hypothesis that quercetin can become an effective biocide to reduce herbivory without disrupting natural enemies and pollinators. The USDA, National Agricultural Library, DigiTop Navigator platform was used to search the literature for harmful versus nonharmful effects of quercetin on insect behavior, physiology, and life history parameters. Quercetin effects were evaluated on herbivores in five insect orders, natural enemies in two orders, and pollinators in one order. Quercetin was significantly more harmful to Hemiptera, Diptera, and Lepidoptera but significantly more nonharmful to Coleoptera. Harmful and nonharmful effects to Orthoptera were indistinguishable. Quercetin had significantly more harmful (than nonharmful) effects on herbivores when data from the five insect orders were combined. Quercetin concentration (mg/mL) did not significantly affect these results. Quercetin was significantly more nonharmful to natural enemies (Coleoptera and Hymenoptera, combined) and pollinators (Hymenoptera). This study suggests that quercetin could prevent herbivory without disrupting natural enemies and pollinators, but field experiments are necessary to substantiate these results.

**Keywords:** biocontrol; chemical ecology; flavonoids; honeybees; insect-plant interactions; parasitoids; predators

# **1. Introduction**

Flavonoids represent a class of polyphenolic compounds known as secondary metabolites that can function as a host plant defense against attacks from plant pathogens and insect pests [\[1](#page-10-0)[–5\]](#page-11-0). Some plant-feeding, i.e., herbivorous, insects can circumvent these defensive compounds and use them as cues to identify host plants and evaluate host plant quality [\[3](#page-11-1)[,5](#page-11-0)[–10\]](#page-11-2). Nevertheless, flavonoids are least toxic organic compounds that could suppress non-adapted herbivorous insects [\[3\]](#page-11-1). Quercetin (2-(3,4-dihydroxyphenyl)- 3,5,7-trihydroxychromen-4-one) could have such potential [\[11,](#page-11-3)[12\]](#page-11-4). Quercetin is an organic compound classified as a flavonol, a flavonoid subclass (Figure [1\)](#page-1-0). It is one of the most abundant flavonols found in plants and pollen [\[13](#page-11-5)[–15\]](#page-11-6). Note that a sugar molecule (i.e., sugar moiety) is commonly bound to quercetin to form a quercetin glycoside in living plants.

Quercetin is known to facilitate interactions between insects and plants [\[7,](#page-11-7)[9](#page-11-8)[,10\]](#page-11-2). It is responsible for coloration in flower petals of some plants and, consequently, attracts insects (pollinators) to flowers and pollen [\[6\]](#page-11-9). Quercetin can function as a feeding stimulant [\[16\]](#page-11-10), oviposition stimulant [\[7,](#page-11-7)[9,](#page-11-8)[17–](#page-11-11)[19\]](#page-11-12), or feeding deterrent [\[8](#page-11-13)[,10](#page-11-2)[,20\]](#page-11-14). Moreover, quercetin demonstrates repellency or insecticidal activity against pest herbivores, e.g., aphids [\[11\]](#page-11-3), and maybe attract or not harm natural enemies. A cucumber cultivar (Storm) with high flavonoid (including quercetin) content and high trichome density, reduced development, and reproduction of *Aphis gossypii* Glover (Hemiptera: Aphididae) but increased the abundance of its predator *Hippodamia variegata* (Goeze) (Coleoptera: Coccinellidae) [\[21\]](#page-11-15). The beneficial effects of quercetin on pollinators, e.g., western honeybee *Apis mellifera* L. (Hymenoptera: Apidae) has also been documented [\[22–](#page-11-16)[24\]](#page-11-17).

<span id="page-1-0"></span>

**Figure 1.** Molecular structure of quercetin ( $C_{15}H_{10}O_7$ ). (Source: [https://pubchem.ncbi.nlm.nih.gov\)](https://pubchem.ncbi.nlm.nih.gov).

Ingestion of quercetin can induce the production of detoxification enzymes in non-adapted herbivores [\[9,](#page-11-8)[10\]](#page-11-2). Ingestion of quercetin may increase the sensitivity of nonadapted herbivores to pesticides, which may or may not increase their ability to develop resistance to pesticides in the field. Quercetin ingestion may upregulate detoxification enzymes in pollinators (*A. mellifera*) with little or no harmful effects [\[23](#page-11-18)[,24\]](#page-11-17). Quercetin ingestion can lessen the harmful effects of pesticide exposure on *A*. *mellifera* adult workers [\[23\]](#page-11-18).

tion can lessen the harmful effects of pesticide exposure on *A*. *mellifera* adult workers [23]. The literature was searched and data synthesized to test the hypothesis that quercetin The literature was searched and data synthesized to test the hypothesis that quercetin can be utilized as an effective biocide to reduce herbivory without disrupting natural en-can be utilized as an effective biocide to reduce herbivory without disrupting natural eneof harmful versus nonharmful effects of quercetin on herbivores,  $(2)$  estimate the influence of harmful versus nonharmful effects of quercetin on herbivores,  $(2)$  estimate the influence of quercetin concentration on the observed effects on herbivores, and (3) determine the of quercetin concentration on the observed effects on herbivores, and (3) determine the influence of quercetin concentration on the observed effects on herbivores, and (3) deter-effects of quercetin on natural enemies and pollinators. mies and pollinators. The objectives of this review are to (1) compile the available evidence

mine the effects of quercetin on natural enemies and pollinators. The United States Department of Agriculture (USDA), National Agricultural Library, online digital catalog system (DigiTop) Navigator platform, which includes research databases (such as AGRICOLA, BIOSIS Previews, CAB Abstracts, Scopus, Web of Science, Zoological Record, etc.) was used to retrieve abstracts and then the full text of manuscripts. The key words "quercetin and Hemiptera, Coleoptera, Diptera, Orthoptera, Lepidoptera, or Hymenoptera" were used to search for the effects of quercetin on insects. Only published research that tested pure quercetin was included in this study. Literature searches were restricted to these taxa (insect orders) to encompass herbivorous crop pests, natural enemies of crop pests, or pollinators of crop plants. To synthesize the available data, harmful and nonharmful effects of quercetin on insect species were tabulated. Harmful effects had negative consequences on behavior, physiology, and life history parameters, whereas non-harmful effects had positive or neutral consequences. Statistical analysis included a *z*-test for proportions to compare quercetin effects (harmful vs non-harmful) on herbivores (in five orders), natural enemies (in two orders), and pollinators (in one order). Second, a *z*-test compared quercetin effects on all herbivores, all taxa combined. A Mann–Whitney Rank Sum Test, with *U* statistic, compared the influence of chemical concentration (mg/mL), when available, on the observed effects (harmful vs nonharmful) on herbivores, five orders combined. A *z*-test was also used to compare quercetin effects on natural enemies (two orders combined) and pollinators (one order). Significant differences

were indicated when *p* < 0.05. Statistical software, SigmaStat, interfaced within SigmaPlot 12.0, and JMP 14 were used for data analysis.

## **2. Effects of Quercetin on Herbivores**

*2.1. Hemiptera (True Bugs)*

Four herbivorous hemipterans (three aphid species and one mirid species) were subjects in bioassays with quercetin based on the review of the literature (Table [1\)](#page-4-0). Quercetin had harmful (negative) effects on survival rate of the aphid species *Macrosiphum rosae* (L.) and *Acyrthosiphon pisum* Harris, both nymphs and adults. Quercetin also had harmful (negative) effects on development, preoviposition time, and fecundity of *A*. *pisum* and fecundity of the aphid *Sitobion miscanthi* (Takahashi) via innate resistance in wheat ears in a field bioassay. In contrast, quercetin had nonharmful (positive) effects on the mirid *Tupiocoris notatus* (Distant); nymphs were attracted to quercetin treated leaves in the laboratory.

**Table 1.** Exemplary research that tested the effects of quercetin on behavior and life history parameters of agriculturally important insect herbivores.





**Table 1.** *Cont.*

<span id="page-4-0"></span>

**Table 1.** *Cont.*

<sup>1</sup> Quercetin had harmful effects (negative  $(--)$ ) or non-harmful effects (positive  $(++)$  or neutral (oo)) on insects in comparison to control. 2 Effective concentration (concn) was the minimum concentration that caused a significant effect on insect behavior, physiology, or a life history parameter.

> In a summary of this section, quercetin caused 0.857 and 0.143 proportional harmful and nonharmful effects on hemipteran species; the two effects were significantly different  $(z = 2.672, p = 0.008; n = 7)$ . A concentration of 1 mg/mL or less was sufficient to cause harmful effects on *M*. *rosae*, *A*. *pisum*, and *S*. *miscanthi*, whereas an extremely low quercetin concentration (0.9 × 10−<sup>4</sup> mg) caused nonharmful (positive) effects on *T*. *notatus* (Table [1\)](#page-4-0). Quercetin concentrations were variable amongst these studies. Concentration data were not subjected to statistical analysis for this order, only for combined data for all five orders (see Section [2.6\)](#page-6-0).

## *2.2. Coleoptera (Beetles)*

Fourteen herbivorous coleopteran species were exposed to quercetin in bioassays (Table [1\)](#page-4-0). The species included one bruchid *Callosobruchus chinensis* L., one tenebrionid *Tribolium castaneum* Herbst, two scarabaeids *Melolontha melolontha* (L.) and *Popillia japonica* Newman, one nitidulid *Carpophilus hemipterus* (L.), six chrysomelids *Leptinotarsa decemlineata* Say, *Phaedon brassicae* Baly, *Oulema oryzae* Kuwayama, *Plagiodera versicolora* Laicharting, *Altica oleracea* (L.), *Altica nipponica* (Ohno), one curculionid *Anthonomus grandis* Boheman, and one herbivorous coccinellid *Epilachna paenulata* (Germar). Quercetin had harmful (negative) effects and nonharmful (neutral and positive) effects on these species. For example, quercetin decreased the survival of *C*. *chinensis* eggs, *L*. *decemlineata* larvae, and *E*. *paenulata* larvae, and reduced feeding by *T*. *castaneum* adults, *P*. *brassicae* adults, and *O*. *oryzae* adults. In contrast, quercetin did not affect the survival of *M*. *melolontha* and *E*. *paenulata* larvae or feeding behavior by *A*. *grandis* and *E*. *paenulata* larvae. In other coleopteran species, quercetin increased feeding behavior (Table [1\)](#page-4-0).

In summary, quercetin caused 0.304 and 0.696 proportional harmful and nonharmful effects, respectively, on herbivorous coleopterans (*z* = 2.652, *p* = 0.008, *n* = 23); nonharmful effects were predominant. There was variability in quercetin concentration and positive feeding responses between and within coleopteran species. For example, a concentration of 0.30 mg/mL stimulated feeding by *P*. *japonica* adults in one study; but a higher concentration of 30.22 mg/mL stimulated feeding of the same species in another study (Table [1\)](#page-4-0). Quercetin had harmful effects on oviposition by *C*. *chinensis* in one study but not in another; quercetin concentration was at least five times greater in the bioassay indicating reduced oviposition than in the one indicating neutral effects. At 1–10 mg/mL, quercetin had nonharmful (neutral) effects on oviposition and feeding behavior by *A*. *grandis* in one study, but nonharmful (positive) effects on feeding behavior at a lower concentration, 0.5 mg/mL, in another study.

## *2.3. Lepidoptera (Moths/Butterflies)*

Ten lepidopteran species, representing five families, were challenged with quercetin in bioassays (Table [1\)](#page-4-0). The noctuids included *Helicoverpa armigera* (Hübner), *Helicoverpa zea* (Boddie), *Heliothis virescens* (F.), *Spodoptera litura* (F.), *Spodoptera frugiperda* (J. E. Smith), and *Pectinophora gossypiella* (Saunders). One arctiid *Chilesia rudis* (Butler), one lymantriid *Lymantria dispar* (L.), one bombycid *Bombyx mori* (L.), and one pyralid *Ostrinia nubilalis* (Hübner) were also challenged with quercetin.

Quercetin had harmful effects on development or body weight, i.e., growth, of noctuid larvae in most studies (Table [1\)](#page-4-0). Effects on feeding behavior were variable, with nonharmful (positive) effects on *S*. *frugiperda* at low concentration (0.01 µg/cm<sup>2</sup> ) on treated foliage as well as nonharmful (neutral) effects on *H*. *virescens* and *H*. *zea* at low concentration (0.10%, *w/w*) in an artificial diet. Quercetin also had nonharmful (positive) effects on feeding behavior of the arctiid *C*. *rudis* at 0.005 mg/mL on treated foliage. Quercetin had harmful effects on development, body weight, or survival of *L*. *dispar*, *B*. *mori*, and *O*. *nubilalis* at a concentration ranging from 0.1–2% (*w/w*) in an artificial diet (Table [1\)](#page-4-0).

In summary, quercetin caused 0.792 and 0.208 proportional harmful and nonharmful effects on lepidopterans, respectively. A statistical analysis indicated a significant difference between the two effects ( $z = 4.046$ ,  $p < 0.001$ ,  $n = 24$ ); harmful effects were predominant.

### *2.4. Diptera (True Flies)*

Dipteran species subjected to quercetin in bioassays included two tephritids *Rhagoletis pomonella* (Walsh) and *Bactrocera cucurbitae* (Coquillett), one drosophilid *Drosophila melanogaster* Meigen and one sciarid *Lycoriella pleuroti* Yang & Zhang. Records indicated harmful (negative) effects of quercetin on *B*. *cucurbitae*, *R*. *pomonella*, and *L*. *pleuroti* after direct physical bodily contact with the compound in test arenas, in an artificial diet or artificial culture media at variable quercetin concentrations. For example, quercetin at 0.05–3.1 mg/mL, in bioassays involving *B*. *cucurbitae*, reduced egg hatch rate, pupation, adult emergence, oviposition, and survival rate (Table [1\)](#page-4-0). In two studies, quercetin had nonharmful (positive) effects on development time and fecundity of *D*. *melanogaster* larvae and adult females, respectively. Quercetin concentration ranged from 1.7% to 5.0% across

these two studies. In summary of this section, quercetin caused 0.75 and 0.25 proportional harmful and nonharmful effects on dipterans, respectively. The statistical analysis indicated a significant difference between the two effects ( $z = 2.00$ ,  $p = 0.046$ ,  $n = 8$ ); harmful effects were more prevalent.

## *2.5. Orthoptera (Grasshoppers)*

Three acridid species were tested against quercetin in field cage and laboratory bioassays. These species included *Calliptamus abbreviatus* Ikonn, *Oedaleus asiaticus* Bey-Bienko, and *Melanoplus sanguinipes* (F.) (Table [1\)](#page-4-0). Quercetin had harmful (negative) effects on development and survival of *C*. *abbreviatus* nymphs at a concentration of 0.10 mg/mL. Quercetin concentrations ranging from 0.10–10 mg/mL significantly reduced growth/development and survival of *O*. *asiaticus* nymphs. In contrast, body weight and survival rate of *M*. *sanguinipes* nymphs were unaffected by quercetin at a concentration of ranging from 0.125–4.0% (w/w). In summary, quercetin caused 0.67 and 0.33 proportional harmful and nonharmful effects on orthopterans, respectively. A statistical analysis did not indicate a significant difference between the two effects  $(z = 1.155, p = 0.248, n = 6)$ .

# <span id="page-6-0"></span>2.6. Summary of Herbivores **than 1986**  $\mathbf{r} = \mathbf{r}$  above indicated that quercetin caused more harmful effects to  $\mathbf{r} = \mathbf{r}$

The sections above indicated that quercetin caused more harmful effects to Hemiptera, Lepidoptera, and Diptera but more nonharmful effects to Coleoptera. In concluding the herbivore section, quercetin caused 0.618 and 0.382 proportional harmful and nonharmful effects on herbivores, respectively, across the five insect orders combined. The two effects were significantly different ( $z = 2.744$ ,  $p = 0.006$ ,  $n = 68$ ); harmful effects were predominant. Quercetin concentration (mg/mL) did not significantly influence the observed harmful and nonharmful effects on herbivores, based on pooling of data, when available, across the five insect orders ( $U = 105.50$ ;  $p = 0.583$ ;  $n = 20$  for harmful effects;  $n = 12$  for nonharmful effects). Median values with 25% and 75% confidence intervals were  $0.56$  mg/mL (0.10, 2.76) for harmful effects and  $1.00 \text{ mg/mL}$  (0.09, 3.02) for nonharmful effects. Specific harmful effects of quercetin on herbivores, of five orders combined, are illustrated in Figure [2.](#page-6-1) Quercetin frequently affected survival rate and development/growth.

<span id="page-6-1"></span>

**Figure 2.** Proportion of specific harmful effects of quercetin on herbivores in five insect orders **Figure 2.** Proportion of specific harmful effects of quercetin on herbivores in five insect orders combined.

# **3. Natural Enemies**

# *Predators and Parasitoids*

Limited research has been published on the effects of quercetin on natural enemies, i.e., predators and parasitoids. Quercetin had nonharmful (positive) effects on the coccinellid *Coleomegilla maculata* DeGeer, an important predator of aphids and other soft-bodied herbivores in agroecosystems (Table [2\)](#page-7-0). In laboratory bioassays, females were attracted to quercetin (1 mg, 98% pure powder) and stimulated to lay more egg clutches in test cages than control cages. Quercetin had nonharmful (positive) effects on a trichogrammatid *Trichogramma chilonis* Ishii, a parasitoid of lepidopteran eggs. At low quercetin concentration (0.01–0.03 mg), *T*. *chilonis* adults were attracted to treated substrates and females were stimulated to oviposit into host eggs in laboratory and semi-field bioassays.

**Table 2.** Research that tested the effects of quercetin on natural enemies.

<span id="page-7-0"></span>

<sup>1</sup> Quercetin had harmful effects (negative (--)) or non-harmful effects (positive (++) or neutral (oo)) on insects in comparison to control.

<sup>2</sup> Effective concentration (concn) was the minimum concentration that caused a significant effect on insect behavior, physiology, or a life history parameter. pp of non-namman<br>mum concentration positive (++) of net<br>caused a significant Site selection (++) sect behavior, physiology

In a summary of the natural enemy section, quercetin caused 0.00 and 1.0 proportional harmful and nonharmful effects, respectively, on natural enemies (Coleoptera and<br>Hymonoptera taxa combined). The harmful and nonharmful effects were significantly Hymenoptera taxa combined). The harmful and nonharmful effects were significantly different  $(z = 2.828, p = 0.005, n = 4)$ ; nonharmful effects were more prevalent. Specific nonharmful (all positive) effects of quercetin on two natural enemies are illustrated in Figure [3.](#page-7-1) Oviposition behavior was affected most frequently. (Trichogrammatidae) solution to concentration (concentration of the minimum concentration that caused a significant effect on insect on insect

<span id="page-7-1"></span>

**Figure 3.** Proportion of specific nonharmful effects of quercetin on natural enemies in two insect orders combined. orders combined.Figure 3. Proportion of specific nonharmful effects of quercetin on natural enemies in two insect orders combined.<br>
<u>orders</u> combined.

# **4. Pollinators**

## *Domesticated Honeybee (Hymenoptera)*

Honeybee, *A*. *mellifera*, workers can contact pesticide residues while collecting and consuming pollen. Since quercetin is one of the main constituents in pollen, research has addressed the interaction of quercetin and pesticides on the health of *A*. *mellifera* (Table [3\)](#page-8-0). Ten studies were identified in the published literature; two studies indicated harmful effects of quercetin. For example, feeding *A*. *mellifera* adults a diet containing quercetin and an acaricide (for varroa mites) reduced survival rate. Feeding workers a diet containing quercetin and a fungicide reduced the ability of workers to produce energy, i.e., ATPs. All other studies indicated nonharmful effects of quercetin with or without incorporating pesticides in experimental designs (Table [3\)](#page-8-0). Quercetin ameliorated harmful effects of pesticide exposure and increased *A*. *mellifera* survival in laboratory bioassays. Ingestion of fungicide residues with pollen or nectar reduced flight performance, i.e., wing beat frequency, of *A*. *mellifera* in an indoor flight mill experiment. Incorporating quercetin in the diet, restored wing beat frequency. Quercetin functioned as an attractant and feeding stimulant. Moreover, quercetin increased maturation of ovaries in *A*. *mellifera* workers.

The documented effects of quercetin on *A*. *mellifera* health do not appear to be influenced by quercetin concentration. Because of limited studies, quercetin concentration data were not analyzed for pollinators. Note that in the two studies indicating harmful effects, quercetin concentration ranged from  $0.075$  to  $0.302$  mg/mL; in the eight studies indicating nonharmful effects, quercetin concentration ranged from 0.003 mg/mL to 10 mg/g (Table [3\)](#page-8-0).



<span id="page-8-0"></span>**Table 3.** Research that tested the effects of quercetin on behavior and life history parameters of agriculturally important pollinators.

<sup>1</sup> Quercetin had harmful effects (negative (--)) or non-harmful effects (positive (++) or neutral (oo)) on insects in comparison to control. <sup>2</sup> Effective concentration (concn) was the minimum concentration that caused a significant effect on insect behavior, physiology, or a life history parameter.

In summarizing the pollinator section, quercetin caused 0.2 and 0.8 proportional harmful and nonharmful effects, respectively, on *A*. *mellifera* workers. A statistical analysis indicated significant differences between the two effects ( $z = 2.683$ ,  $p = 0.007$ ,  $n = 10$ ); nonharmful effects were predominant. Specific nonharmful effects of quercetin on *A*. *mellifera* are displayed in Figure [4.](#page-9-0) An increased capacity to tolerate pesticide toxicity and an increase in survival rate were most frequent.

<span id="page-9-0"></span>

**Figure 4.** Proportion of specific nonharmful effects of quercetin on pollinators in one insect order. **Figure 4.** Proportion of specific nonharmful effects of quercetin on pollinators in one insect order.

### **5. Synthesis and Conclusions**

# **5. Synthesis and Conclusions**  *5.1. Synthesis*

The potential of using quercetin as an effective biocide to discourage insect herbivory without disrupting natural enemies and pollinators has been evaluated in this study. Quercetin had significantly more harmful (negative) than nonharmful (positive or neutral) effects on behavior and life history parameters of herbivorous species in three of five insect orders, i.e., Hemiptera, Diptera, and Lepidoptera. Quercetin had significantly more nonharmful effects on herbivores in the Coleoptera, which suggests that this flavonol has potential as a feeding stimulant or an attractant for herbivorous beetles. Quercetin had no significant effects (neither harmful nor nonharmful) on Orthoptera, perhaps due to a small sample size of published data. When the herbivore data were combined, quercetin had significantly more harmful than nonharmful effects. The most frequent specific harmful effects on herbivores were decreased survival and altered growth and development.

Chemical concentration (mg/mL) did not influence the outcome of the analysis of herbivore data. Note that not all concentration data were reported in mg/mL values, or was convertible to mg/mL, as indicated in Tables  $1-3$ . Consequently, the lack of a significant relationship between concentration for data pooled across all herbivores and quercetin effects (harmful versus nonharmful) indicates that concentration, alone, cannot be used to predict an outcome. Other factors such as herbivore species, life stage examined, bioassay methods, and life history parameters tested, likely contributed to outcomes. Less data were available on the effects of quercetin on natural enemies and pollinators (see Tables [2](#page-7-0) and [3\)](#page-8-0). Therefore, influence of chemical concentration on outcomes (harmful versus nonharmful  $\mathcal{L}(s)$ effects) was not analyzed statistically for beneficials.

A comparison of harmful versus nonharmful effects of quercetin on natural enemies indicated nonharmful effects only. However, the data set was small; just two species had been subjected to quercetin in experiments in the published literature. Nevertheless, these results are encouraging because they provide evidence that quercetin could be used to manipulate the behavior of natural enemies. Stimulating oviposition behavior and manipulating oviposition site selection in predators and parasitoids has relevance to mass production and augmentative biological control.

The results of the analysis of the effects of quercetin on pollinators, i.e., *A*. *mellifera* was also encouraging. Although *A*. *mellifera* was the only species challenged with quercetin, based on reliable published data, the observation of significantly more nonharmful (than harmful) effects on workers suggests that quercetin, when applied against pests, is not expected to harm foraging bees.

Quercetin is a compound with relatively low volatility, high molecular weight, and very low vapor pressure [\[19\]](#page-11-12). Thus, detection of quercetin molecules must primarily involve physical contact with gustatory receptors and/or mechanoreceptors, rather than olfactory receptors, on the mouthparts or antennae of the insect. This fact could limit the applicability of a push-pull strategy to push pest herbivores away from crop plants and pull beneficial insects toward crop plants [\[66\]](#page-13-6). Insects must physically contact quercetin molecules on the plant surface before a change in behavior would ensue.

## *5.2. Conclusions*

This study has highlighted evidence that quercetin affects the behavior and life history of herbivores, natural enemies, and pollinators. This study suggests that quercetin has utility in a modified push-pull strategy to deter pest herbivores, e.g., aphids, from crop plants and arrest natural enemies (ladybird beetles or aphid parasitoids) and pollinators (honeybees) on crop plants. Future research using more species and a multitrophic approach (the interaction of crop plant, pest, natural enemy, and pollinator) would be more informative than examining quercetin effects on a single trophic level. Additionally, testing the functionality of quercetin under semi-field (greenhouse, high tunnel, nursery) or open field conditions is necessary. Applying quercetin directly onto the leaf surface of non-engineered plants could boost the density of natural enemies (for aphid control) and pollinators (for pollination services) for a net benefit to the crop plant. Alternatively, crop plants could be metabolically engineered to produce and release greater quantities of quercetin. Research on flavonoid mass production via metabolic engineering of plants and microbes is underway [\[67–](#page-13-7)[69\]](#page-13-8). Perhaps other common flavonoids, e.g., kaempferol [\[70\]](#page-13-9), could be utilized as an alternative compound to alleviate insect resistance development arising from the overuse of quercetin. The utility of quercetin as a less-toxic natural product to manage herbivorous pests without disrupting the activity of natural enemies and pollinators on greenhouse, high tunnel, or nursery grown crops could become a reality.

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**Conflicts of Interest:** The author declares no conflict of interest.

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